



**HEALTHY STUDENTS LEARN BETTER...**

# The ABCs of School Nursing



## What is School Nursing?

School nurses are employed by the Buncombe County Health Center. They serve both Asheville City and Buncombe County School Systems. School nurses work together with students, families, and school staff to identify and follow-up on health related issues.



## Who is your child's School Nurse?

School Nurse:  
Mildred Riddle, RN

Phone: 298-3789  
School:  
Charles C. Bell  
Elementary

Scheduled days at school:

Thursday

## How do school nurses serve students? School Nurses...

- See students with illnesses, injuries, rashes, asthma, diabetes, chronic conditions, and other health concerns.
- Talk to parents about health related questions or concerns. The school nurse can help develop a health plan for your child while they are at school.
- Teach school staff about chronic health concerns, special health care tasks, and medication administration.
- Train school staff to manage daily health care needs of students.
- Screen for vision and dental problems and assure students receive needed care.
- Advise schools and parents on childhood shots and diseases.
- Teach health education classes such as hygiene, growth and development, nutrition and physical activity and others many others.



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